

Orientation - Dental History

Providing you with comprehensive care in a calm and comforting environment is our greatest concern. It is an important part of our philosophy to understand your needs, values, and concerns. For this reason, we ask you to please share the following information about yourself.

1. Your approximate age at first dental appointment _____
2. Was care regular? Yes No
3. How much decay did you have as a child? A lot Average Very little
4. What are/were your parents dental conditions and care habits? _____

5. Describe the last five years of your dental care _____

6. Have you ever had:
 - orthodontic treatment? Yes No
 - oral surgery? Yes No
 - your bite adjusted? Yes No
 - root canal treatment? Yes No
7. Do you experience sensitivity to heat, cold or pressure? Yes No
8. Does food get caught between your teeth? Yes No
9. Do you brush your teeth: Vigorously Moderately Lightly
10. How often do you brush your teeth? _____
11. How often do you floss your teeth? _____
12. Have you ever had professional instructions in home care? Yes No
13. Habits - Do you:
 - clench your teeth during the day? Yes No
 - clench your teeth during the night? Yes No
 - bite your lips or cheeks regularly? Yes No
 - hold foreign objects with your teeth? (pencils, fingernails, pipe, etc.) Yes No
 - mouth breathe while awake or asleep? Yes No
 - chew tobacco? Never used Former user Current user How often? _____
 - smoke? Never used Former user Current user What form? _____ How often? _____
 - consume alcohol daily? Yes No
14. Problems of the jaw - Have you ever experienced:
 - clicking of the jaw? Yes No
 - pain (joint, ear, side of face)? Yes No
 - difficulty in chewing? Yes No
 - chronic neck or shoulder pain? Yes No
 - chronic headaches? Yes No

15. Have you noticed any loosening of your teeth? Yes No

16. Do you suffer from pain and/or swelling of your gums? Yes No Any pus around the gums? Yes No

17. Do your gums often bleed when you floss or brush your teeth? Yes No

18. Have you ever suspected you have mouth odor? Yes No

19. Have you ever heard of periodontal disease? Yes No

20. Do you have any missing teeth? Yes No

How long have they been missing? _____

Why didn't you have them replaced? _____

Was it ever suggested? _____

21. Can sugar be found frequently in your daily diet? Yes No

Is it consumed with meals? Yes No

Is it consumed between meals? Yes No

22. Do you take a daily vitamin supplement? Yes No Please describe _____

23. Do you eat a balanced diet? Yes No

24. How can we help you? (i.e. your expectations, needs, concerns) What is important to you? What are you looking for in a dental office?

Expectations _____

Needs _____

Concerns _____

25. Do you think dental disease is active or controlled in your teeth and tissues? Active Controlled

26. Is your general health a value of yours? Yes No

27. How would you rate your present general health? (1 = Poor, 10 = Good) 1 2 3 4 5 6 7 8 9 10

Why? _____

28. How would you rate your present dental health? (1 = Poor, 10 = Good) 1 2 3 4 5 6 7 8 9 10

Why? _____

29. Have you ever had any particularly good or bad experiences in dentistry? Please explain _____

30. Do you have any dental anxieties? Yes No Please explain _____

31. Do you go to a dentist to be cared for, to learn to become more healthy, or both? Cared for More healthy Both

32. If you were given a magic wand and could change anything about your smile and/or dental health what would it be?

33. What are your dental health goals 5 to 10 years from now and for the rest of your life?

34. In your opinion, what prevents you from achieving your dental health goals?

35. Has a dental team ever helped you set up a plan so you could be successful with your dental goals? Yes No

36. How do you enjoy spending your free time? _____

Medical History

1. Do you feel you are in good health? Yes No

Has there been any change in your general health in the past year? Yes No

If so, please explain _____

2. When was your last physical? _____

3. Are you under the care of a physician? Yes No

4. The following conditions may need pre-medication before dental procedures. Please check any of the conditions that apply to you now or have in the past.

- Heart murmur Mitro valve prolapse Artificial valve Rheumatic fever
 Artificial joint prosthesis Surgery with pins Open heart surgery

5. Please check any of the following that apply to you now or have in the past.

- | | | | | |
|--|--|---|--|---|
| <input type="checkbox"/> Heart disease | <input type="checkbox"/> Hay fever | <input type="checkbox"/> Nervous disorder | <input type="checkbox"/> Radiation therapy | <input type="checkbox"/> Fainting spells |
| <input type="checkbox"/> Depression | <input type="checkbox"/> Tuberculosis | <input type="checkbox"/> Seizures | <input type="checkbox"/> Counseling | <input type="checkbox"/> Venereal disease |
| <input type="checkbox"/> Abnormal blood pressure | <input type="checkbox"/> Diabetes | <input type="checkbox"/> Hepatitis A | <input type="checkbox"/> Jaundice | <input type="checkbox"/> Pacemaker |
| <input type="checkbox"/> AIDS/ARC | <input type="checkbox"/> Blood relatives with diabetes | <input type="checkbox"/> Hepatitis B | <input type="checkbox"/> Abnormal bleeding | <input type="checkbox"/> Ulcers |
| <input type="checkbox"/> Kidney trouble | <input type="checkbox"/> Anemia | <input type="checkbox"/> Hepatitis C | <input type="checkbox"/> Blood transfusion | <input type="checkbox"/> Tumor |
| <input type="checkbox"/> Glaucoma | <input type="checkbox"/> Cancer | <input type="checkbox"/> Bruise easily | <input type="checkbox"/> Emphysema | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> Alcoholism | <input type="checkbox"/> Transplant surgery | <input type="checkbox"/> Asthma | <input type="checkbox"/> Arthritis | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> Drug addiction | <input type="checkbox"/> Excessive urination or thirst | <input type="checkbox"/> Epilepsy | <input type="checkbox"/> Osteopenia/Osteoporosis | |
| <input type="checkbox"/> Recreational drugs/substances | | | | |

6. Please check any of the following medications you are taking.

- | | |
|---|--|
| <input type="checkbox"/> Antibiotics or sulfa drugs | <input type="checkbox"/> Digitalis or drug for heart trouble |
| <input type="checkbox"/> Anticoagulants (blood thinners) | <input type="checkbox"/> Nitroglycerin |
| <input type="checkbox"/> Medication for high blood pressure | <input type="checkbox"/> Antihistamine |
| <input type="checkbox"/> MAO inhibitors (i.e. Marplan, Nardil, Parnar) | <input type="checkbox"/> Birth control pill |
| <input type="checkbox"/> Antidepressants (i.e. Prozac, Lithium, Tegrel) | <input type="checkbox"/> Steroids |
| <input type="checkbox"/> Insulin, Tolbutamide (orinase or similar drug) | <input type="checkbox"/> Tranquilizers |
| <input type="checkbox"/> Vitamins/Herbal Supplements | <input type="checkbox"/> Aspirin |

List medications

7. Please check if you are allergic to any of the following:

- | | | |
|--|--|--------------------------------------|
| <input type="checkbox"/> Local anesthetics | <input type="checkbox"/> Aspirin | <input type="checkbox"/> Sunscreen |
| <input type="checkbox"/> Penicillin or other antibiotics | <input type="checkbox"/> Barbiturates, sedatives or sleeping pills | <input type="checkbox"/> Bi-Sulfites |
| <input type="checkbox"/> Iodine, seafood | <input type="checkbox"/> Codeine, other narcotics | <input type="checkbox"/> Other |
| <input type="checkbox"/> Sulfa drugs | <input type="checkbox"/> Latex | |

8. (Women) Are you pregnant? Yes, due date is _____ No

9. Have you had serious trouble associated with previous dental treatment? Yes No If so please explain.

10. Please check the following on tobacco usage.

Never used Former user Current user What form? _____ How often? _____

Signature

Date

Signature Date

Signature Date

Signature Date

Signature Date